

VOLUNTEER CONNECTION

Winter, 2018

TEXAS A&M
AGRILIFE
EXTENSION

Merry  *Christmas*

Happy  *Thanksgiving*

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Greetings!

It's hard to believe that the holidays are practically upon us! I want to be the first to wish you a Happy Thanksgiving and a very Merry Christmas season.

Master Wellness Volunteers have slowed down a little during the last few months. Here's a quick overview of what you have been doing:

- Joan Brennan assisted with "Christmas Joys" registration
- Susie Faltesek assisted with Fall Festival Creative Arts Contest
- Sylvia Millsap assisted with registration for "Christmas Joys", and serves as co-chair of the Community Health/Wellness Alliance.
- Kim Sellers' son, Eli, has had a successful Cross Country season. Kim stays busy with her dietitian work.
- Nell Shipp has had some health issues and was out of commission for a while. We love you, Nell!
- Linda Tanton and some of her family members attended the "Christmas Joys" program.
- LaTarra Giles has been busy with her family. We hope to hear from you soon!
- Doris Counts is employed with the North Hopkins ISD. We hope to see you soon, Doris!



2019 MASTER WELLNESS VOLUNTEER TRAINING

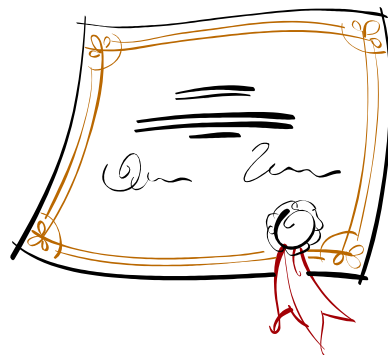
Another series to train new Master Wellness Volunteers has been scheduled for 2019. If you work or are associated with anyone who might be interested in receiving the training, please tell them about this opportunity. Here are the details:

- What: 2019 Master Wellness Volunteer Training
- When: two Face-to-face sessions Statewide via WebEx, January 22, February 19. Other sessions done on-line.
- Registration opens November 15, closes January 14
- Cost: \$75
- Where: Hopkins County Extension Office
- Contact the Extension Office for more details!

2019 Extension Leadership Advisory Board/Volunteer Banquet

Each year, we recognize our Extension Committees, volunteers, stakeholders, and 4-H honorees at this banquet. The event was held on November 8, at League Street Church of Christ. Many of our Master Wellness Volunteers were able to attend. The feature was “Hopkins County 4-H Excellence,” with eight of our 4-H members telling about their 4-H experiences.

The highlight of the evening was recognition of the Outstanding Extension Supporter of the Year. The 2019 award went to **Joan Brennan**. Joan has been instrumental in expanding the impact of health and wellness in our community, but also promotes our youth program and assists with Extension functions when able. Thanks, Joan!



Other recognition was given to the Master Gardener graduates and certificates were presented to Master Wellness Volunteers who were in attendance.



Creative Arts Contest

Thanks to those who assisted with the Creative Arts Contest this year. Entries were up this year, and we were a little short-handed, but the contest ran smoothly, thanks to our wonderful Hopkins County volunteer team!

Volunteer Opportunities

*The task
ahead of us
is never as
great as the
Power
behind us!*

Please call if
you can help
with or attend
any of these
events!

- ◆ Thursday, November 15: Community Health/Wellness Alliance meeting, Extension Office, 12:00 noon—meal provided. You are invited!! **Please RSVP.**
- ◆ Thursday/Friday, November 22-23: Extension Office closed for Thanksgiving
- ◆ Saturday, December 1—Regional Childcare Conference at Sulphur Springs PJC. Volunteers welcome to assist Johanna. Sylvie will present SIDS/Shaken Baby.
- ◆ **Friday, December 14: Master Wellness Volunteer Luncheon, 12:00 noon, (but you may come earlier) Johanna's house— gift exchange and fun! Please RSVP.**
- ◆ December 24-25: Extension Office closed for Christmas
- ◆ Tuesday, January 1: Extension Office closed for New Year's Day
- ◆ Saturday, January 26: 4-H Sewing Workshop for Hopkins County 4-H'ers, 10:00 a.m. to 2:00 p.m., Extension Office—assistance needed in helping 4-H youth with their projects!! We're doing "Sew What?" to make dog blankets for the local pet shelters as a community service project.
- ◆ Tuesday, January 29: "Healthy Snacking" for Head Start 3's and 4's, Douglass ECLC, 9:00 and 9:30 a.m. Assistance welcome!

*Thank
You*